

# COCFL **VIRTUAL RETREAT**

November 12-14, 2020

## FROM SEEKER TO SAGE:

## Journey to the unknowable

"A common bonding takes place in all who are attracted to the transformation process. Such is the ultimate lineage of all spiritual lineages emerging in the various religious traditions. We are companions in the search, moved by a common perspective and inspiration." Fr. Thomas Keating

This virtual retreat provides an opportunity to come together to reflect upon:

- Our personal spiritual journey: from Awakening, to Seeker, to Servant, to Sage.
- Exploring stages and seasons of the various paths we have traveled
- Our relationship with the Divine Being
- Realization that we have been led every step of the way by a loving, mysterious unknowable God.

Join us as we move through the different stages of spiritual growth from our awakening moments, through our seeking and a gradual restructuring of consciousness.

This retreat will include Centering Prayer in community with fellow retreatants, presentations, interactive experience, small group process and periods of silence and rest in the comfort and safety of your home.

#### Retreat schedule: (Eastern Standard Time):

- Thursday/Friday: 10am-12:30pm and 2pm-4:30pm
- Saturday: 10am-12:30 pm

Cost: \$45 (or less with scholarship)

See registration and scholarship application form below

For more information, visit www.cocfl.org



## With Susan Komis



Susan has served Contemplative Outreach since 1990 first as volunteer, then as coordinator for the St Louis. Mo Chapter, and for many years as Director of Chapter Programs Services (CPS) providing support to the Contemplative outreach spiritual community.

She has been a supporter of our chapter and true blessing, facilitating for us Visioning days, Living Flame and presentations.

Recently retired, she continues to serve as a presenter and retreat leader. Susan is a certified Pastoral Minister.

You may also register on-line and pay with PayPal/credit card. Follow the links on the event site.

## **REGISTRATION FORM**

### **FROM SEEKER TO SAGE** WITH SUSAN KOMIS

#### ZOOM VIRTUAL RETREAT

#### November 12-14, 2020 Thursday and Friday: 10:am-12:30am and 2pm-4:30pm (EST) Saturday: 10am-12:30pm (EST)

#### Registration deadline: Friday November 6, 2020.

## Please fill this registration form and mail with your \$ 45 payment check or see info on Scholarship below. We want everyone that is drawn to the Transformation process to attend.

Mail to Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714 Make your check payable to **COCFL** 

#### (PLEASE PRINT CLEARLY)

Name:		
Home phone:	Cell phone:	
Address:		
City/St/Zip:	Email:	
Centering Prayer Group (i	if Any):	
Check amount included: _		
	actice: g Prayer ( ) Yes ( ) practice of Centering Prayer ( ) Yes ( )	
For more information please visit	our website at: <u>www.cocfl.org</u> Or email Alic	e ( <u>alicevlogan@gmail.com</u> )
Request for Scholarship to Sec	eker To Sage E-mail dwagner119@gmail.co	om or mail Alice Logan address above.
From: To: Dan Wagner dwagner119@	<u>gmail.com_814-566-2288</u>	
	ship for the <b>Seeker to Sage</b> : Journey to the Unk and request a scholarship for the balance. I am a	
	[Y	Your name & email and home address.
"Name of facilitator giving Permi	ission and recommendation"	