



## Contemplative Outreach of Central Florida

### Annual Centering Prayer Retreat

November 2-4, 2018

Canterbury Retreat Center, Orlando, FL

## An Ocean of Light

Fr. Martin Laird



**Martin Laird, O.S.A.** is a member of the Order of St Augustine and Professor of Early Christian Studies at Villanova University, USA. He has extensive training in Contemplative Disciplines and gives retreats and lectures throughout the United States, Great Britain and Ireland. Among his books are *Into the Silent Land* and *A Sunlit Absence*, compelling works for those interested in contemplative prayer. He draws on the ancient wisdom of both the Christian East and West as well as on contemporary literature. His most recent book, *An Ocean of Light*, is forthcoming from Oxford University Press.

The cluttered, reactive mind generates and sustains the illusion that we are separate from God and therefore need to seek God as though God were an object. Over time, the practice of contemplation gradually begins to clear clutter.

In this contemplative prayer retreat, Fr. Martin Laird will discuss some of the key obstacles we all face in our liberation from the cluttered mind such as anger, fear, comparing ourselves with others, as well as some of the subtler problems maintained by mental clutter mind, such as using contemplative practice as a strategy to acquire and control our own contemplative project.

#### **Retreat information:**

Canterbury Retreat Center is located 1601 Alafaya Trail, Oviedo, FL 32765 (just north of Orlando)

Registration will be from 4:30 to 5:30 pm Friday, November 2. Dinner at 6:00 pm.

The retreat concludes at 11:00 am Sunday, November 4.

Rooms are shared (two to a room) with private bath.

A few private rooms are available (on a first come first serve basis).

**Total cost:** \$275 for shared rooms, \$325 for private rooms, \$150 commuter rate (includes meals).

Please send the registration form below with a deposit check for \$150 to reserve your room.

**Please note that \$65 of this amount is non-refundable if you should decide to cancel.**

**Final payment for the difference is due October 5, 2018.**

Scholarships are available in case of need. Please have your facilitator contact Jesse Fox at email: [jfox2@stetson.edu](mailto:jfox2@stetson.edu), phone: 937-654-0026 (cell)

Take a look at beautiful Canterbury Retreat Center site: <http://canterburyretreat.org>



## Contemplative Outreach of Central Florida

# Registration Form An Ocean of Light

Annual COCFL Retreat

November 2-4, 2018

**Registration deadline: Saturday, October 5, 2018**

**Please fill this registration form and mail with your payment check.**

Mail to: Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714

Make your check payable to **COCFL**

(PLEASE PRINT CLEARLY)

Name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Centering Prayer Group (if any): \_\_\_\_\_

Emergency Contact Person & Number (if you become ill) \_\_\_\_\_

\_\_\_\_\_

Check amount included: \_\_\_\_\_

May we share your contact information with other retreatants? \_\_\_\_\_

### Centering Prayer practice:

- I am new to Centering Prayer
- I have an established practice of Centering Prayer.

### Lodging options:

- I will be sharing a room with \_\_\_\_\_
- Please assign me a roommate
- I would like a private room (Limited availability)
- I will attend as a commuter

### Special Dietary Options:

- Vegetarian
- Gluten Free

For more information please email Alice ([alicevlogan@gmail.com](mailto:alicevlogan@gmail.com))