

Contemplative Outreach of Central Florida  
A Prayer for Living - A Prayer for Dying  
Saturday, February 10, 2018  
Adams Hall, Central Baptist Church  
152 Fairview Avenue  
Daytona Beach, Florida 32114  
Info? Andy Rawls 402-338-8024

#### SCHEDULE

7:30 am Begin Set-up of registration, snacks, coffee  
8:30 am Gathering (Coffee & Refreshments) Adams Hall  
**9:00 am Centering Prayer – Two 20 minute periods**  
**(silent contemplative walk around the room between)**  
**Sanctuary 9:00 – 9:40 (Pam Gregg, facilitator)**  
9:45 am Welcome, Introductions, Overview of Day  
10:00 am Presentation: A Prayer for Living - A Prayer for Dying

Break –Contemplative Awareness Walk

**11:40 am Centering Prayer – One 20 minute periods**  
**Sanctuary 11:40 – 12:00 (Sue McBride, facilitator)**

12:00 pm Silent Hermit' s lunch - a time for solitude

12:45 pm Chant/Body Prayer  
1:00 pm Presentation: A Prayer for Living ~ A Prayer for Dying  
**1:45 pm Centering Prayer – Two 20 minute periods**  
**(silent contemplative walk around the room between)**  
**Sanctuary 1:45 – 2:25 (Cheryl Hershey, facilitator)**

2:30 pm Contemplative Bucket List  
3:00 pm Large Group Closure  
3:15 pm Adjourn

