

COCFL Fall Retreat

Finding Our Way Out

What we have learned through the COVID crisis experience
and how do we move forward?

Presented by
Father Bill Sheehan, OMI

November 12-14, 2021
(Friday evening – Sunday morning)

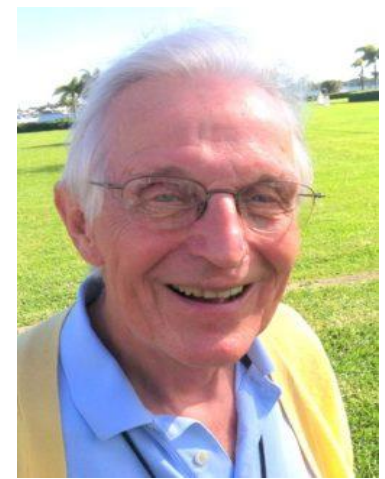
Canterbury Conference Center
1601 Alafaya Trail, Oviedo, FL 32765

Attend in person or remotely by zoom.
See registration details below

The past 2 years have been a challenging and stressful time for the world, with many of us experiencing the loss of loved ones, isolation from family, friends and church leading some to depression. Our lives have been shaken up in a big way.

Father Bill is inviting us to come and rest for while in the beautiful and peaceful settings of the newly remodeled Canterbury conference center (<https://canterburyretreat.org/>) and reflect on how to find our way out and be renewed and transformed by this experience.

This 3-day retreat will provide conferences and Centering Prayer periods and time for silence as well as community sharing.



Fr. Bill Sheehan, OMI, is an experienced retreat director who has led many Centering Prayer workshops and retreats. Since 1983, he has been involved with Contemplative Outreach, founded by

Fr. Thomas Keating, OCSO practicing and guiding others in the practice of Centering Prayer. He participated in the original Lama retreat from which the Centering Prayer movement arose.

He has a Masters Degree in Formative Spirituality from Duquesne University. He is a member of the Oblates of Mary Immaculate order and lives in an Oblate House of Prayer in Lowell, Massachusetts.

"Come away by yourselves to a deserted place and rest a while." Mark 6:31



Participant safety is our primary concern. We will follow CDC guidelines and align with Contemplative Outreach national convention safety recommendations: "While we encourage vaccination for everyone safety, especially that of the older attendees, we recommend, not mandate, that you to wear a mask indoors, except when eating or drinking. For those choosing not to travel or get vaccinated, we encourage you to participate by way of Zoom".

REGISTRATION FORM
Contemplative Outreach of Central Florida

Registration Cost:

In person:

\$370.00 Single Room

\$310.00 Double Room

\$170 Commuter (includes meals)

Remotely via Zoom:

\$94

For Scholarship assistance, contact Dan Wagner at dwagner119@gmail.com.

There are 2 options to register:

Option 1: Register online and make payment via PayPal.

See information on COCFL website at cocfl.org

Option 2: Register by mail.

Please fill this registration form and mail with your registration check to:

Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714

Make your check payable to **COCFL**

Name: _____

Cell phone: _____ Home phone _____

Address: _____

City/St/Zip: _____ Email: _____

Centering Prayer Group (if Any): _____

Check amount included: _____

May we share your contact information with other participants? _____

Emergency contact name and phone number: _____

Centering Prayer practice:

___ I am new to Centering Prayer

___ I have an established practice of Centering Prayer.

Lodging options:

___ I will be sharing a room with _____

___ Please assign me a roommate

___ I would like a private room (Limited availability)

___ I will attend as a commuter

Special Dietary Options:

___ Vegetarian

For more information, please email Alice (alicevlogan@gmail.com)