

“Forgiveness in Silence”

Saturday, January 19, 2019, 08:30 – Noon

St. Gabriel’s Church, 414 Pine St, Titusville, FL 32796

8:30 Welcome, Register, Coffee and Refreshments in Fellowship Hall

No Registration Fee – Freewill Donation to help cover costs

9:00 Introducing the topic and presenters

Host: Fr. Rob Goodridge, Rector, St. Gabriel’s – Opening Remarks on Forgiveness

- Forgiveness we seek for ourselves
- Quality of Forgiveness from our Triune God – Silence to help us tune into God’s grace and tender mercy; “We love because he first loved us.”

9:30 Silent Prayer and Scripture – in Sanctuary.

Glenda Wolfe, Centering Prayer Facilitator, and Fr. Ken Nolan, St. Gabriel’s

10:00 Short Break

10:15 Experiential Presentation on Shame/Guilt and Healing

Christine Croskey, Centering Prayer Facilitator, Hope Episcopal, Melbourne

11:00 Silent Prayer – Silent “Prayer of Forgiveness”

From Fr. Carl Arico, CD, Contemplative Outreach

Susan Arneson, Centering Prayer Facilitator, and Fr. Ken Nolan

11:30 Concluding Remarks and Benediction

Fr. Rob Goodridge and Fr. Ken Nolan

PRE-REGISTER: E-MAIL YOUR NAME, PHONE, AND E-MAIL TO:

SUSAN ARNESON: HealthyHealing15@outlook.com