



Contemplative Outreach of Central Florida

## *St. Hildegard of Bingen: A Woman for Our Times*

**Saturday, April 21, 2018**  
**St. Gabriel's Episcopal Church**  
**414 Pine Street**  
**Titusville, FL 32796**  
**8:30 AM – 3:00 PM**



**Sister Mary McGehee**

Sister Mary McGehee has been a Benedictine Sister at Sacred Heart Monastery in Cullman, Alabama since 1960. She is presently a retreat and spiritual director at the Benedictine Sisters Retreat Center. She also serves on the Initial Formation Team, training new members to the monastery.

Sister Mary has a Masters in theology from St. John's University, Collegeville, MN, and has done extended further study in various areas of spirituality. She has been an elementary school teacher and principal, done refugee resettlement and been Director of the Peace and Justice Office in the Diocese of Birmingham, and served as Coordinator of Contemplative Outreach Birmingham from 1993-2004.

Saint Hildegard of Bingen was definitely a woman far before her time. She lived as a Benedictine in Germany as medieval wars diminished and monastic life began to flourish once again. As an aristocrat, she was a correspondent with Emperors and Popes, as well as Abbots and Abbesses up and down the Rhine River valley.

A visionary, artist, musician and physician, Hildegard used all these tools in her monastic search for God and God's will. Monasteries were the hospitals in that age. Hildegard was a scientist of sorts, writing two books about the medicine of her day and the first to write about women's gynecology. She was a musician and left us 77 compositions, religious music that would have been used in the prayers of her monastery. She was an authoritative voice on Christian Doctrine, the first woman given permission to write theological books, the author of the first known morality play and the only 12<sup>th</sup> century playwright who is not anonymous. She was a saint overflowing in gifts. She has left us an example and a rich legacy that is very much applicable to our own times.

Sister Mary will guide us as we explore Hildegard's life and God's movement in our own lives. She will incorporate music, art, storytelling and group sharing into the experience.

### **Retreat information:**

Registration begins at 8:30 AM with the program at 9:00 AM

Cost: \$35, non-refundable after April 14, 2018

Bring your own lunch

**Registration deadline: April 14, 2018**



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## Registration Form

### *St. Hildegard of Bingen: A Woman for Our Times*

**Please fill this registration form and mail with your payment check.**

**Registration Deadline: April 14, 2018**

Mail to: Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714

Make your check payable to **COCFL**

(PLEASE PRINT CLEARLY)

Name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Centering Prayer Group (if any): \_\_\_\_\_

Emergency Contact Person & Number (if you become ill) \_\_\_\_\_

\_\_\_\_\_

Check amount included: \_\_\_\_\_

May we share your contact information with other retreatants? \_\_\_\_\_

**Centering Prayer practice:**

- I am new to Centering Prayer
- I have an established practice of Centering Prayer.

For more information please email Alice ([alicevlogan@gmail.com](mailto:alicevlogan@gmail.com)).