



Contemplative Outreach of Central Florida

# A Prayer for Living ~ A Prayer for Dying

## A Centering Prayer Retreat Day

**Saturday, February 10, 2018**  
**Central Baptist Church Adams Hall**  
**152 Fairview Avenue**  
**Daytona Beach, Florida 32114**  
**9:00 AM – 3:00 PM**



**Susan Rush**

Susan Rush has been active in the Contemplative Outreach community for almost three decades. She has served in the field of health care throughout her adult life. Her background is in Clinical Pastoral Education, formation for contemplative leadership and she is a certified spiritual director. Susan has served on many hospice and palliative care teams. Susan served as the founding coordinator of Contemplative Outreach of New Mexico and has served in other areas in CO, Ltd. Susan states that her connection with the CO community is her key to remaining resilient in our "wobbly" world. Compassionate presence with a contemplative heart is her goal. She resides in Santa Fe, New Mexico.

### ***A Prayer for Living ~ A Prayer for Dying***

**“[The] discovery of ourselves is always  
a losing of ourselves - a death and resurrection.**

**'Your life is hidden with Christ in God.'**

**...It cannot be an escape. It must be a fulfillment.**

**...The courage to face myself exactly as I am.”**

**Thomas Merton, *No Man Is An Island***

Join us as we explore how our Centering Prayer practice and dying to ourselves is the perfect preparation to dying our natural death. Using Fr. Thomas Keating's wisdom (The Gift of Life DVD series) we will explore the topics of **Judgment, Mercy and The Mystery of God**. We will have time for reflection and group wisdom sharing on these topics. As we share the intention of this as a retreat day, our schedule will be laced with periods of Centering Prayer, silence, solitude, a meditative awareness walk and chanting.

### **Retreat information:**

Registration begins at 8:30 AM

Cost: \$35, non-refundable after February 3, 2018

Bring your own lunch

Registration deadline: February 3, 2018



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# Registration Form

## A Prayer for Living ~ A Prayer for Dying

### Centering Prayer Retreat Day

February 10, 2018

**Registration deadline: Saturday, February 3, 2018**

**Please fill this registration form and mail with your payment check.**  
Mail to: Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714  
Make your check payable to **COCFL**

(PLEASE PRINT CLEARLY)

Name: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Centering Prayer Group (if any): \_\_\_\_\_

Emergency Contact Person & Number (if you become ill) \_\_\_\_\_

\_\_\_\_\_

Check amount included: \_\_\_\_\_

May we share your contact information with other retreatants? \_\_\_\_\_

**Centering Prayer practice:**

- I am new to Centering Prayer
- I have an established practice of Centering Prayer.

For more information please email Alice ([alicevlogan@gmail.com](mailto:alicevlogan@gmail.com)).