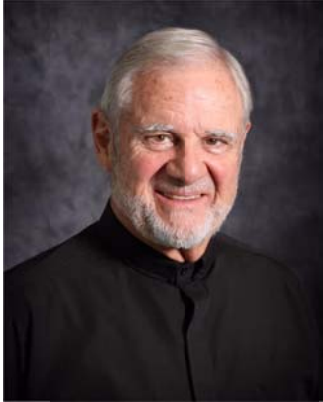




Contemplative Outreach of Central Florida - **ANNUAL RETREAT**

PUTTING ON THE MIND OF CHRIST



Silent Week-End Retreat

with **Father Carl Arico**

November 4-6, 2016
Canterbury Retreat Center
1601 Alafaya Trail, Oviedo, FL



Father Carl Arico:

Fr. Carl Arico is a founding member of Contemplative Outreach and is active on the Gift and Special Project committees. He is honored to have known Fr. Keating since 1969 and was present for the first intensive Centering Prayer retreat that Fr. Keating offered at the Lama Foundation in San Cristobal, New Mexico in 1983, which many founding members of Contemplative Outreach attended. Fr. Arico has been an integral part of the development of Contemplative Outreach from a wish to the organism it is today. "The growth that has taken place in Contemplative Outreach," he observes, "is a miracle of God's grace and the power of prayer." He has traveled extensively in the United States and internationally to present workshops and direct retreats. He is the author of the book *A Taste Of Silence*, a guide to the fundamentals of Centering Prayer and is well known to the contemplative community for the **Q&A with Fr. Carl Arico** that we all enjoy reading in Contemplative Outreach e-bulletins.

An Invitation from Father Carl

"The retreat is the fruit of a 10 day intensive retreat which I served in 2015. The scriptures of the Mass seemed to explode into deeper meaning than I had expected. The Spirit was speaking through me as I preached each homily. When the retreat was over, I became aware that the Holy Spirit had revealed marvelous pieces of a mosaic that revealed what, 'Putting on the mind of Christ' was all about in a contemporary setting. Since then I have pondered these passages, lived by them and watched them let me see with new eyes. It is my desire to share them in the embrace of a silent retreat with women and men who are open to consenting to God's presence and action in their lives."

This retreat is for anyone who is open to the gift of silence and Centering Prayer.

Retreat information:

Registration will be from 4:30 to 5:30 pm Friday, November 4. Dinner at 6:00 pm.

The retreat concludes at 11:00 am Sunday.

Rooms are shared (two to a room) with private bath.

A few private rooms are available (on a first come first serve basis).

Total cost: **\$235** for shared rooms, **\$290** for private rooms.

We are also offering a commuter rate of **\$120**. These rates include all meals.

Scholarships are available in case of need. Please have your facilitator contact Nestor at (407) 415 7161.

Take a look at beautiful Canterbury Retreat Center site: <http://canterburyretreat.org>



See Registration form below



Contemplative Outreach of Central Florida - **ANNUAL RETREAT**

Registration Form
PUTTING ON THE MIND OF CHRIST
COCFL Weekend Retreat
November 4 – 6, 2016

Registration deadline: Friday, October 20th, 2016.

Please fill this registration form and mail with your payment check.

Mail to: Alice Logan, 505 Green Briar Blvd, Altamonte Springs, FL 32714

Make your check payable to **COCFL**,

(PLEASE PRINT CLEARLY)

Name: _____

Home phone: _____ Cell phone: _____

Address: _____

City/State/Zip: _____

Email: _____

Centering Prayer Group (if any): _____

Emergency Contact Person & Number (if you become ill) _____

Check amount included: _____

May we share your contact information with other retreatants? _____

Centering Prayer practice:

- I am new to Centering Prayer
- I have an established practice of Centering Prayer.

Lodging options:

- I will be sharing a room with _____
- Please assign me a roommate
- I would like a private room (subject to availability)
- I will attend as a commuter

Special Dietary Options:

- Vegetarian
- Gluten Free

For more information please email Alice (alicevlogan@gmail.com).